Penicillium Marneffei Infection in a Chinese Man with HIV Infection

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CASE SUMMARY

History
A 34-year-old married Chinese salesman presented with fever, malaise and shortness of breath for one week before admission to United Christian Hospital in early February 2000. He was a hepatitis B carrier, and was fully treated for primary syphilis at YMT Male Social Hygiene clinic in the past. Two weeks after admission he developed an asymptomatic rash over his body.

Physical examination and investigations
On admission, he showed pallor, generalized lymphadenopathy and hepatosplenomegaly. There was no abnormality detected in his respiratory, cardiovascular or neurological system. Preliminary investigations showed pancytopenia with normal renal and liver function tests. Chest radiography did not show any abnormality.

The rash consisted of brownish papules over his upper limbs (Figure 1), which gradually spread to his face, oral mucosa (Figure 2), and lower limb. His torso was relatively spared. Some of the papules were easily eroded with crust formation, while some brownish papules showed central umbilication and some with collarette scale (Figure 3).

Trephine biopsy was performed which showed hypercellular marrow space and several ill-defined granuloma lesions composed of histiocytes. Yeast-like organisms were seen stuffed within the histiocytes as well as in the interstitial space. Grocott and PAS stain revealed the presence of single, centrally located transverse septum in some of the organisms. These
features were consistent with penicillium marneffei species. ZN stain was performed, but did not reveal any acid-fast bacilli.

Skin biopsy showed large amount of fungal organisms in the epidermis and dermis. Little inflammatory cell was seen. Grocott stain of the organism showed morphology consistent with penicillium marneffei (Figure 4).

Subsequently, blood culture grew penicillium marneffei and HIV antibody was positive with CD4 count four cells per ul.

**Diagnosis**

A case of disseminated penicillium marneffei infection with mucocutaneous involvement was diagnosed.

**Differential diagnosis**

This included infective causes (such as disseminated tuberculosis and deep fungal infection, such as histoplasmosis, cryptococcosis, coccidioidomycosis and penicillosis) and haematological malignancies with mucocutaneous involvement (such as non-Hodgkin lymphoma and acute leukaemia).

**Treatment**

He responded to parental amphotericin B followed by oral itraconazole. Recovery occurred with oral itraconazole, septran and highly active anti-retroviral therapy.

**REVIEW ON PENICILLIUM MARNEFFEI**

Penicillium marneffei was first isolated from the liver of a bamboo rat in Vietnam in 1956. It is a dimorphic fungus, which is endemic in Southeast Asia, Thailand, southern China including Hong Kong. The first reported human infection with penicillium marneffei was in a 61-year-old retired missionary with Hodgkin lymphoma who lived in Southeast Asia in 1973.

Cases of disseminated penicillium marneffei infection in HIV infected patients were first reported in 1988. By 1995, the number of reported disseminated Penicillium marneffei infection in HIV infected patient rose up to over 1300 cases in Chiang Mai, the largest province in Northern Thailand, a period during which the number on AIDS cases in Thailand rose 13 fold.

Suppararpinyo K. reported the largest case series of penicillium marneffei with mucocutaneous involvement in 1994. He collected 80 culture confirmed Penicillium marneffei infected patients. Most of them were HIV antibody positive from August 1987 to June 1992 at Chiang Mai University Hospital. The common presenting symptoms and signs were listed in Table 1.

**Table 1. The common presenting symptoms and signs of penicillium marneffei infected patients**

<table>
<thead>
<tr>
<th>Symptoms</th>
<th>Frequency</th>
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<tbody>
<tr>
<td>Fever</td>
<td>92%</td>
</tr>
<tr>
<td>Anaemia</td>
<td>77%</td>
</tr>
<tr>
<td>Weight loss</td>
<td>76%</td>
</tr>
<tr>
<td>Skin lesions</td>
<td>71%</td>
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</tbody>
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Figure 4: Skin biopsy shows fungal organisms of penicillium marneffei: Grocott and H&E (By courtesy of Dr Y. H. Hui, Department of Pathology, UCH)
Mucocutaneous manifestation was the fourth commonest presenting symptoms (71%) in disseminated penicillium marneffei infection. Central necrotic umbilication was the commonest presenting feature of mucocutaneous involvement followed by three cases of papules without umbilication and one case of erythematous maculopapular rash, subcutaneous nodule, acne-like lesion and folliculitis respectively. Penicillium marneffei infection usually occurs late in the course of HIV infection with CD4 count consistently less than 50 cells per ul.8

The typical features of disseminated penicillium marneffei with mucocutaneous involvement are dome-shaped papules with central umbilication or partial necrosis predominantly over the face and upper limb. Oral mucosa involvement is very common.

The local situation could be reflected from the first and second 100 AIDS cases in Hong Kong. In comparing the first and second 100 AIDS cases, it was found that penicillium marneffei was the third common AIDS defining illness and the trend was increasing from 5% to 14%.9

It was easy to culture penicillium marneffei from various specimens with 100% sensitivity in bone marrow culture followed by 90% in skin biopsy and 76% in blood culture.9

Histopathologically, histoplasma capsulatum may resemble penicillium marneffei when found intracellularly. But when found extracellularly, penicillium marneffei are elongated10 (8-13 um) and generally much larger than those of histoplasma capsulatum11 (2-5 um). Penicillium marneffei reproduces by fission with a centrally located transverse septum while histoplasma capsulatum is divided by budding.

Galactomannan test, using monoclonal antibody can detect a specific galactomann having at least one epitope common to penicillium marneffei and aspergillus12 but not histoplasma. Its titre can be used to diagnose, monitor and differentiate penicillium marneffei from other infection especially histoplasmosis. The mortality rate of patients with disseminated penicillium marneffei infection was very high if treatment was delayed, regardless of whether the patient is concurrently infected with HIV or not.

The fungus was sensitive to amphotericin B, itraconazole and ketoconazole. The current recommended treatment regimen for HIV infected patients with disseminated penicillium marneffei infection is intravenous amphotericin B 0.6 mg/kg/day for two weeks, followed by oral itraconazole 400 mg per day in two divided doses for the next 10 weeks.13 It was found that 57% relapsed within one year14 in HIV infected patients if no secondary prophylaxis (itraconazole 200 mg daily) was given.

Learning points:
Disseminated opportunistic fungal infection like penicillium marneffei may be the presenting feature of AIDS in this locality. It is potentially lethal, but treatable if diagnosed earlier.

References